

**Sanaz Namdar**

**Topic:**

**Some people argue that competition sports are good for bringing together different people and cultures. Others argue that these sports can cause problems and increase conflicts between nations. Discuss both points of view and give your own opinion.**

Although sports competitions have been held from the ancient Greece epoch, their new form is one of the modernization's idiosyncrasies. Some presume it as a means to influence social relations and transcend cultural differences; however, the others are against this argument. My philosophy is in line with the former.

Not only does sport provides a forum to learn skills such as disciplines, confidence, and leadership, but also it teaches how to manage victory as well as defeat provided that these positive aspects are emphasized. The idea behind the international events, not least Olympics, is to attain these objectives. In addition, these games provide appropriate opportunities for nations to compete against others in a fair and non-violent way despite becoming acquainted with other cultures and customs simultaneously. Therefore, **sports diplomacy can be exerted as** a way of dialogue among civilization which is reflected in Olympics symbol the five interlocking rings to represent the five participating continents. By virtue of the ecstatic atmosphere in these spectacular contests, which has been well-documented by the real statistics from the previous times, achieving (a) lasting peace is more accessible in a foreseeable future.

On the other hand, sparingly, sports contests lead to violence due to spiraling stress levels during the competition amongst spectators. Digesting the defeat of the teams may be so unsatisfactory for some huge fans that they may engage in damaging public property. In some situations, this vandalism can ruin an otherwise perfect international sports competition. In fact, not curbed judiciously, the dramatic level of tension can have irredeemable and irreversible impacts on sports diplomacy concept.

In conclusion, despite some unpleasant actions during international sports competitions, their various positive effects on global diplomacy and friendship are an undeniable fact. I personally affirm that the real capacities of these games to help people be united are significantly more than those that humans benefit from now.